



Aubrees Bread (12) APG – 4 servings per appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|--------------------------------|-----------|--|----------|
| Serving Size: 1 Serving (137 grams) | | VITAMIN D(iu) | 5.28 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 453 | Calories from Fat: 196 | VITAMIN A(iu) | 948.94 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 22 GM 33% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 4 GM 20% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 2 GM | | | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0.5 GM | | | Fruit: | NA cup |
| Cholesterol: | 20 MG 6% | | | Vegetable: | |
| Sodium: | 770 MG 32% | | | Red/Orange: | NA cup |
| Potassium: | 90 MG 3% | Dark Green: | NA cup | | |
| Total Carbohydrate: | 52 GM 17% | VITAMIN B-6 | 0.03 MG | Starchy: | NA cup |
| Dietary Fiber: | 3 GM 11% | VITAMIN B-12 | 0.07 MCG | Beans/Peas: | NA cup |
| Sugars: | 5 GM | VITAMIN C, TOTAL ASCORBIC ACID | 10.20 MG | Other: | NA cup |
| Protein | 11 GM 22% | FOLIC ACID | 99.18 MCG | Notes: | |
| Vitamin A: 20% | Vitamin C: 15% | Minerals | | <p>Actual % Calorie Distribution</p> <p> ■ % calories of PRO = 10% ■ % calories of CHO = 47% ■ % calories of FAT = 44% </p> | |
| Calcium: 6% | Iron: 20% | PHOSPHOROUS | 77.63 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Ranch Dressing APG (Mayonnaise, Buttermilk 1% Gal, Ranch Dressing Mix), Garlic Butter APG (Liquid Margarine, Chopped Garlic in Water, Salt), Grated Parmesan Cheese, Parsley Flakes | | ZINC | 0.62 MG | | |
| | | MAGNESIUM | 17.94 MG | | |
| | | COPPER | 0 MG | | |
| | | IRON | 3.37 MG | | |
| | | CALCIUM | 58.21 MG | | |
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| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | |



B.A.T. Grilled Cheese APG - Not Including Sides

| Nutrition Information | | | Fat Soluble Vitamins | | School Equivalents | |
|--|----------------|------------------------|------------------------|-----------|--|----------|
| Serving Size: Each Serving (301 grams) | | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories | 802 | Calories from Fat: 406 | VITAMIN A(iu) | 739.55 IU | Meat Quantity: | NA |
| % Daily Value | | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 45 GM | 69% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 21 GM | 107% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | THIAMIN | 0.60 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | | RIBOFLAVIN | 0.34 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | | NIACIN | 0 MG | Fruit: | NA cup |
| Cholesterol: | 90 MG | 30% | VITAMIN B-6 | 0 MG | Vegetable: | |
| Sodium: | 2460 MG | 102% | VITAMIN B-12 | 0 MCG | Red/Orange: | NA cup |
| Potassium: | 65 MG | 2% | VITAMIN C, TOTAL | 0.57 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 63 GM | 21% | ASCORBIC ACID | | Starchy: | NA cup |
| Dietary Fiber: | 2 GM | 10% | FOLIC ACID | 0 MCG | Beans/Peas: | NA cup |
| Sugars: | 0 GM | | Minerals | | Other: | NA cup |
| Protein | 27 GM | 54% | PHOSPHOROUS | 0 MG | Notes: | |
| Vitamin A: 15% | | Vitamin C: 2% | ZINC | 0 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 14% ▨ % calories of CHO = 33% ▨ % calories of FAT = 53% </p> | |
| Calcium: 6% | | Iron: 20% | MAGNESIUM | 0 MG | | |
| Ingredients: Sourdough Bread, Fresh Laid Out, Applewood Smkd Bacon, Garlic Spice Alouette Cheese, Pickle Kosh Whl, Extra-Large Fresh Tomato, Avocado | | | COPPER | 0 MG | | |
| | | | IRON | 3.68 MG | | |
| | | | CALCIUM | 49.30 MG | | |
| | | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | |
| | Calories | 2000 | | 2500 | | |
| Total Fat | Less Than | 65g | | 81g | | |
| Sat Fat | Less Than | 20g | | 25g | | |
| Cholesterol | Less Than | 300mg | | 375mg | | |
| Sodium | Less Than | 2400mg | | 3000mg | | |
| Total Carbohydrate | | 300g | | 375g | | |
| Dietary Fiber | | 25g | | 31g | | |
| Calories per gram | | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | | |



Bacon Brussel Sprouts APG - 2 Servings Per Appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|--|-----------|-----------------------------|----------|
| Serving Size: 1 Serving (185 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories | 421 | VITAMIN A(iu) | 159.89 IU | Meat Quantity: | NA |
| | Calories from Fat: 296 | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| % Daily Value | | | | Fruit/Veg Quantity: | NA |
| Total Fat: | 33 GM 51% | Water Soluble Vitamins | | Updated for New Final Rule: | |
| Saturated Fat: | 10 GM 52% | THIAMIN | 0 MG | Meat/Meat Alt: | NA oz eq |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0 MG | Grain/Bread: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | NIACIN | 0 MG | Fruit: | NA cup |
| Monounsaturated Fat: | 0 GM | VITAMIN B-6 | 0 MG | Vegetable: | |
| Cholesterol: | 45 MG 15% | VITAMIN B-12 | 0 MCG | Red/Orange: | NA cup |
| Sodium: | 1020 MG 42% | VITAMIN C, TOTAL ASCORBIC ACID | 99.31 MG | Dark Green: | NA cup |
| Potassium: | 0 MG 0% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Total Carbohydrate: | 12 GM 4% | Minerals | | Beans/Peas: | NA cup |
| Dietary Fiber: | 4 GM 17% | PHOSPHOROUS | 0 MG | Other: | NA cup |
| Sugars: | 3 GM | ZINC | 0 MG | Notes: | |
| Protein | 15 GM 30% | MAGNESIUM | 0.00 MG | | |
| Vitamin A: 4% | Vitamin C: 170% | COPPER | 0 MG | | |
| Calcium: 15% | Iron: 0% | IRON | 0.09 MG | | |
| Ingredients: Sprouts Brussel RSS Frsh, Garlic Mayo APG (Mayonnaise, California Choice Lemons, Roasted Garlic Sauce Concentrate, Regular Grind Black Pepper), Fresh Laid Out, Applewood Smkd Bacon, Grated Parmesan Cheese, Regular Grind Black Pepper, Salt | | CALCIUM | 147.33 MG | | |
| | | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 15% ▨ % calories of CHO = 12% ▨ % calories of FAT = 73% </p> | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Boneless Wings APG - 2 Servings Per Appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|--------|--|--|
| Serving Size: 1 Serving (301 grams) | | VITAMIN D(iu) 10.56 IU | | Child Nutrition Label: No | |
| Amount Per Serving: | | VITAMIN K 15.19 MCG | | Serving Size: | |
| Calories 618 | Calories from Fat: 429 | VITAMIN A(iu) 3079.01 IU | | Meat Quantity: NA | |
| % Daily Value | | VITAMIN A(re) 608 MCG | | Bread Quantity: NA | |
| Total Fat: 48 GM | 73% | | | Fruit/Veg Quantity: NA | |
| Saturated Fat: 8 GM | 42% | Water Soluble Vitamins | | Updated for New Final Rule: | |
| Trans Fat: 0 GM | | THIAMIN 0.03 MG | | Meat/Meat Alt: NA oz eq | |
| Polyunsaturated Fat: 6 GM | | RIBOFLAVIN 0.08 MG | | Grain/Bread: NA oz eq | |
| Monounsaturated Fat: 2.5 GM | | NIACIN 0.32 MG | | Fruit: NA cup | |
| Cholesterol: 80 MG | 27% | VITAMIN B-6 0.06 MG | | Vegetable: | |
| Sodium: 3320 MG | 138% | VITAMIN B-12 0.15 MCG | | Red/Orange: NA cup | |
| Potassium: 250 MG | 7% | VITAMIN C, TOTAL 4.14 MG | | Dark Green: NA cup | |
| Total Carbohydrate: 30 GM | 10% | ASCORBIC ACID | | Starchy: NA cup | |
| Dietary Fiber: 3 GM | 11% | FOLIC ACID 1.49 MCG | | Beans/Peas: NA cup | |
| Sugars: 3 GM | | Minerals | | Other: NA cup | |
| Protein 22 GM | 44% | PHOSPHOROUS 41.51 MG | | Notes: | |
| Vitamin A: 60% | Vitamin C: 8% | ZINC 0.20 MG | | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 14% ▨ % calories of CHO = 19% ▨ % calories of FAT = 68% </p> | |
| Calcium: 10% | Iron: 15% | MAGNESIUM 8.43 MG | | | |
| Ingredients: Breaded Chicken Chunks, Buffalo Sauce APG (Redhot Sauce, Pan & Grill Oil, Worcestershire Sauce, Tabasco Sauce, Regular Grind Black Pepper), Ranch Dressing APG (Mayonnaise, Buttermilk 1% Gal, Ranch Dressing Mix), Fresh Jumbo Carrots, Jumbo Celery, Cleaned Leaf Lettuce | | COPPER 0.018 MG | | | |
| | | IRON 2.45 MG | | | |
| | | CALCIUM 111.02 MG | | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Borsin Mushroom Burger APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|-----------|--|----------|
| Serving Size: Serving (342 grams) | | VITAMIN D(iu) | 10.77 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0.01 MCG | Serving Size: | |
| Calories 877 | Calories from Fat: 510 | VITAMIN A(iu) | 810.43 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| Total Fat: | 57 GM 87% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 25 GM 126% | THIAMIN | 0.01 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.06 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | NIACIN | 0.55 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | VITAMIN B-6 | 0.02 MG | Fruit: | NA cup |
| Cholesterol: | 165 MG 54% | VITAMIN B-12 | 0.01 MCG | Vegetable: | |
| Sodium: | 670 MG 28% | VITAMIN C, TOTAL | 6.83 MG | Red/Orange: | NA cup |
| Potassium: | 55 MG 2% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 47 GM 16% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | 1 GM 5% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 4 GM | PHOSPHOROUS | 12.05 MG | Other: | NA cup |
| Protein | 42 GM 84% | ZINC | 0.07 MG | Notes: | |
| Vitamin A: 15% | Vitamin C: 10% | MAGNESIUM | 1.28 MG | <p>Actual % Calorie Distribution</p> <p> ■ % calories of PRO = 19% ■ % calories of CHO = 22% ■ % calories of FAT = 59% </p> | |
| Calcium: 8% | Iron: 25% | COPPER | 0.045 MG | | |
| Ingredients: Ground Beef, Bun Hamb Pretzel 3.2 Fz, Garlic Spice Alouette Cheese, Fresh Sliced Mushrooms, Pickle Kosh Whl, Arugula Wild Baby Frsh | | IRON | 4.65 MG | | |
| | | CALCIUM | 75.34 MG | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Bourbon BBQ Chicken APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|---|--------|---|--|
| Serving Size: Serving (468 grams) | | VITAMIN D(iu) 0 IU | | Child Nutrition Label: No | |
| Amount Per Serving: | | VITAMIN K 0 MCG | | Serving Size: | |
| Calories 1,077 | Calories from Fat: 549 | VITAMIN A(iu) 956.77 IU | | Meat Quantity: NA | |
| % Daily Value | | VITAMIN A(re) 0 MCG_ | | Bread Quantity: NA | |
| Total Fat: 61 GM | 94% | | | Fruit/Veg Quantity: NA | |
| Saturated Fat: 20 GM | 100% | Water Soluble Vitamins | | Updated for New Final Rule: | |
| Trans Fat: 0 GM | | THIAMIN 0.01 MG | | Meat/Meat Alt: NA oz eq | |
| Polyunsaturated Fat: 1.5 GM | | RIBOFLAVIN 0.01 MG | | Grain/Bread: NA oz eq | |
| Monounsaturated Fat: 7 GM | | NIACIN 0.02 MG | | Fruit: NA cup | |
| Cholesterol: 195 MG | 65% | VITAMIN B-6 0 MG | | Vegetable: | |
| Sodium: 3660 MG | 152% | VITAMIN B-12 0 MCG | | Red/Orange: NA cup | |
| Potassium: 190 MG | 5% | VITAMIN C, TOTAL ASCORBIC ACID 14.52 MG | | Dark Green: NA cup | |
| Total Carbohydrate: 65 GM | 22% | FOLIC ACID 0 MCG | | Starchy: NA cup | |
| Dietary Fiber: 2 GM | 8% | Minerals | | Beans/Peas: NA cup | |
| Sugars: 24 GM | | PHOSPHOROUS 1.49 MG | | Other: NA cup | |
| Protein 59 GM | 119% | ZINC 0.01 MG | | Notes: | |
| Vitamin A: 20% | Vitamin C: 25% | MAGNESIUM 0.63 MG | | <p>Actual % Calorie Distribution</p> <p> % calories of PRO = 23% % calories of CHO = 25% % calories of FAT = 52% </p> | |
| Calcium: 20% | Iron: 15% | COPPER 0 MG | | | |
| Ingredients: Chicken 6oz Breast APG (Boneless Skinless Chicken Breast, Pomace Olive Oil, Seasoning Salt, Granulated Garlic, Canadian Chicken Seasoning, Regular Grind Black Pepper, Whole Italian Herb Seasoning), 4" Brioche Bun, Coleslaw APG (Shredded Cole Slaw in Separate Bags, Sour Cream, Mayonnaise, Granulated Sugar, Dijon Mustard, Red Vine Vinegar, Regular Grind Black Pepper, Salt), Fresh Laid Out, Applewood Smkd Bacon, Pickle Kosh Whl, Kentucky Bourbon Sauce, Cheddar Cheese Slices 0.75oz | | IRON 3.02 MG | | | |
| | | CALCIUM 202.62 MG | | | |
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| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Buffalo Wings APG - 2 Servings Per Appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|-------------------------------|------------|---|----------|
| Serving Size: 1 Serving (401 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 15.19 MCG | Serving Size: | |
| Calories 741 | Calories from Fat: 533 | VITAMIN A(iu) | 3205.64 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 608 MCG | Bread Quantity: | NA |
| Total Fat: | 59 GM 91% | | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 15 GM 77% | Water Soluble Vitamins | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | THIAMIN | 0.02 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 11 GM | RIBOFLAVIN | 0.03 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 15 GM | NIACIN | 0.29 MG | Fruit: | NA cup |
| Cholesterol: | 250 MG 84% | VITAMIN B-6 | 0.05 MG | Vegetable: | |
| Sodium: | 2530 MG 106% | VITAMIN B-12 | 0 MCG | Red/Orange: | NA cup |
| Potassium: | 200 MG 6% | VITAMIN C, TOTAL | 3.87 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 6 GM 2% | ASCORBIC ACID | | Starchy: | NA cup |
| Dietary Fiber: | 2 GM 7% | FOLIC ACID | 0 MCG | Beans/Peas: | NA cup |
| Sugars: | 4 GM | | | Other: | NA cup |
| Protein | 47 GM 95% | Minerals | | Notes: | |
| Vitamin A: 60% | Vitamin C: 6% | PHOSPHOROUS | 13.57 MG | <p>Actual % Calorie Distribution</p> <p> ■ % calories of PRO = 25% ■ % calories of CHO = 3% ■ % calories of FAT = 71% </p> | |
| Calcium: 10% | Iron: 10% | ZINC | 0.09 MG | | |
| Ingredients: Jumbo Chicken Wing, Buffalo Sauce APG (Redhot Sauce, Pan & Grill Oil, Worcestershire Sauce, Tabasco Sauce, Regular Grind Black Pepper), Chunky Bleu Cheese Dressing, Fresh Jumbo Carrots, Jumbo Celery, Cleaned Leaf Lettuce | | MAGNESIUM | 5.35 MG | | |
| | | COPPER | 0.018 MG | | |
| | | IRON | 2.04 MG | | |
| | | CALCIUM | 98.15 MG | | |
| | | | | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Cheese Bread APG - 4 Servings Per Appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|------------------------|-------------------------------|------------|--------------------------------------|----------|--|--|--|--|--|--|--|----------|------|------|--|--|-----------|-----------|-----|-----|--|--|---------|-----------|-----|-----|--|--|-------------|-----------|-------|-------|--|--|--------|-----------|--------|--------|--|--|--------------------|--|------|------|--|--|---------------|--|-----|-----|--|--|
| Serving Size: 1 Serving (172 grams) | | VITAMIN D(iu) | 5.28 IU | Child Nutrition Label: | No | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories 572 | Calories from Fat: 276 | VITAMIN A(iu) | 1215.39 IU | Meat Quantity: | NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat: | 31 GM 47% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat: | 9 GM 47% | THIAMIN | 0.43 MG | Updated for New Final Rule: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.29 MG | Meat/Meat Alt: | NA oz eq | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Polyunsaturated Fat: | 2 GM | NIACIN | 3.48 MG | Grain/Bread: | NA oz eq | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Monounsaturated Fat: | 0.5 GM | VITAMIN B-6 | 0.03 MG | Fruit: | NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol: | 45 MG 15% | VITAMIN B-12 | 0.07 MCG | Vegetable: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium: | 1010 MG 42% | VITAMIN C, TOTAL | 10.20 MG | Red/Orange: | NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium: | 90 MG 3% | ASCORBIC ACID | | Dark Green: | NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate: | 53 GM 18% | FOLIC ACID | 99.18 MCG | Starchy: | NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber: | 3 GM 11% | Minerals | | Beans/Peas: | NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugars: | 6 GM | PHOSPHOROUS | 77.63 MG | Other: | NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein | 21 GM 41% | ZINC | 0.62 MG | Notes: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A: 25% | Vitamin C: 15% | MAGNESIUM | 17.94 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium: 30% | Iron: 20% | COPPER | 0 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Cheese Blind Pizza Spec Dcd Bulk, Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Ranch Dressing APG (Mayonnaise, Buttermilk 1% Gal, Ranch Dressing Mix), Garlic Butter APG (Liquid Margarine, Chopped Garlic in Water, Salt), Grated Parmesan Cheese | | IRON | 3.49 MG | Actual % Calorie Distribution | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | CALCIUM | 305.17 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <table border="1"> <thead> <tr> <th colspan="6">* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</th> </tr> <tr> <th></th> <th>Calories</th> <th>2000</th> <th>2500</th> <th colspan="2"></th> </tr> </thead> <tbody> <tr> <td>Total Fat</td> <td>Less Than</td> <td>65g</td> <td>81g</td> <td colspan="2"></td> </tr> <tr> <td>Sat Fat</td> <td>Less Than</td> <td>20g</td> <td>25g</td> <td colspan="2"></td> </tr> <tr> <td>Cholesterol</td> <td>Less Than</td> <td>300mg</td> <td>375mg</td> <td colspan="2"></td> </tr> <tr> <td>Sodium</td> <td>Less Than</td> <td>2400mg</td> <td>3000mg</td> <td colspan="2"></td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> <td colspan="2"></td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>31g</td> <td colspan="2"></td> </tr> </tbody> </table> | | | | | | * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | | Calories | 2000 | 2500 | | | Total Fat | Less Than | 65g | 81g | | | Sat Fat | Less Than | 20g | 25g | | | Cholesterol | Less Than | 300mg | 375mg | | | Sodium | Less Than | 2400mg | 3000mg | | | Total Carbohydrate | | 300g | 375g | | | Dietary Fiber | | 25g | 31g | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Calories | 2000 | 2500 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat | Less Than | 65g | 81g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sat Fat | Less Than | 20g | 25g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol | Less Than | 300mg | 375mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium | Less Than | 2400mg | 3000mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate | | 300g | 375g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber | | 25g | 31g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories per gram | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |



Cinnamon Bread APG -4 Servings Per Appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|-----------------------|------------------------|-----------|--|----------|
| Serving Size: 1 Serving (90 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 338 | Calories from Fat: 56 | VITAMIN A(iu) | 0 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 6 GM 10% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 2 GM 10% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | THIAMIN | 0.42 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 2 GM | RIBOFLAVIN | 0.26 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 1.5 GM | NIACIN | 3.47 MG | Fruit: | NA cup |
| Cholesterol: | 0 MG 0% | VITAMIN B-6 | 0.03 MG | Vegetable: | |
| Sodium: | 390 MG 16% | VITAMIN B-12 | 0 MCG | Red/Orange: | NA cup |
| Potassium: | 65 MG 2% | VITAMIN C, TOTAL | 0.03 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 61 GM 20% | ASCORBIC ACID | | Starchy: | NA cup |
| Dietary Fiber: | 2 GM 7% | FOLIC ACID | 98.44 MCG | Beans/Peas: | NA cup |
| Sugars: | 15 GM | Minerals | | Other: | NA cup |
| Protein | 9 GM 18% | | | Notes: | |
| Vitamin A: 0% | Vitamin C: 0% | PHOSPHOROUS | 63.66 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 11% ▨ % calories of CHO = 72% ▨ % calories of FAT = 17% </p> | |
| Calcium: 2% | Iron: 15% | ZINC | 0.56 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Vanilla Frosting, Granulated Sugar, Ground Cinnamon | | MAGNESIUM | 16.41 MG | | |
| | | COPPER | 0 MG | | |
| | | IRON | 2.92 MG | | |
| | | CALCIUM | 16.80 MG | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Classic Burger APG - Not Including Sides

| Nutrition Information | | | Fat Soluble Vitamins | | School Equivalents | |
|--|-----------|------------------------|-------------------------------|-----------|--|----------|
| Serving Size: Serving (349 grams) | | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | | VITAMIN K | 0.03 MCG | Serving Size: | |
| Calories | 677 | Calories from Fat: 341 | VITAMIN A(iu) | 721.85 IU | Meat Quantity: | NA |
| % Daily Value | | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| Total Fat: | 38 GM | 58% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 15 GM | 76% | THIAMIN | 0.00 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | RIBOFLAVIN | 0.00 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | | NIACIN | 0.01 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | | VITAMIN B-6 | 0.01 MG | Fruit: | NA cup |
| Cholesterol: | 150 MG | 50% | VITAMIN B-12 | 0 MCG | Vegetable: | |
| Sodium: | 1210 MG | 51% | VITAMIN C, TOTAL | 5.81 MG | Red/Orange: | NA cup |
| Potassium: | 160 MG | 5% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 42 GM | 14% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | 1 GM | 5% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 7 GM | | PHOSPHOROUS | 1.91 MG | Other: | NA cup |
| Protein | 38 GM | 76% | ZINC | 0.01 MG | Notes: | |
| Vitamin A: 15% | | Vitamin C: 10% | MAGNESIUM | 0.71 MG | <p>Actual % Calorie Distribution</p> <p> ■ % calories of PRO = 23% ■ % calories of CHO = 25% ■ % calories of FAT = 52% </p> | |
| Calcium: 2% | | Iron: 30% | COPPER | 0.003 MG | | |
| Ingredients: Ground Beef, 4" Brioche Bun, Pickle Kosh Whl, Dill Pickle Sandwich Strip, Extra-Large Fresh Tomato, Fresh Leaf Lettuce Bunches, Jumbo Red Onion | | | IRON | 5.52 MG | | |
| | | | CALCIUM | 23.53 MG | | |
| | | | | | | |
| | | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | |
| | Calories | 2000 | | 2500 | | |
| Total Fat | Less Than | 65g | | 81g | | |
| Sat Fat | Less Than | 20g | | 25g | | |
| Cholesterol | Less Than | 300mg | | 375mg | | |
| Sodium | Less Than | 2400mg | | 3000mg | | |
| Total Carbohydrate | | 300g | | 375g | | |
| Dietary Fiber | | 25g | | 31g | | |
| Calories per gram | | | | | | |
| Fat | 9 | Carbohydrate | 4 | Protein | 4 | |



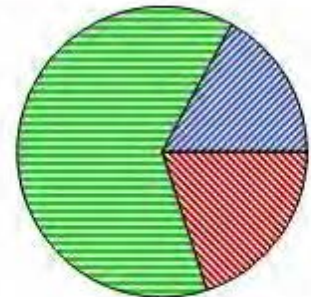
Coconut Grove Chicken APG - Not Including Sides

| Nutrition Information | | | Fat Soluble Vitamins | | School Equivalents | | |
|---|----------------|------------------------|-------------------------------|-----------|--|---------------------|--------|
| Serving Size: 6z Serving (402 grams) | | | VITAMIN D(iu) | 0.72 IU | Child Nutrition Label: | No | |
| Amount Per Serving: | | | VITAMIN K | 0.62 MCG | Serving Size: | | |
| Calories | 828 | Calories from Fat: 164 | VITAMIN A(iu) | 232.66 IU | Meat Quantity: | NA | |
| % Daily Value | | | VITAMIN A(re) | 1 MCG_ | Bread Quantity: | NA | |
| Total Fat: | 18 GM | 28% | Water Soluble Vitamins | | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 11 GM | 54% | THIAMIN | 0.38 MG | Updated for New Final Rule: | | |
| Trans Fat: | 0 GM | | RIBOFLAVIN | 0.24 MG | Meat/Meat Alt: | NA oz eq | |
| Polyunsaturated Fat: | 0.5 GM | | NIACIN | 3.17 MG | Grain/Bread: | NA oz eq | |
| Monounsaturated Fat: | 0 GM | | VITAMIN B-6 | 0.04 MG | Fruit: | NA cup | |
| Cholesterol: | 90 MG | 29% | VITAMIN B-12 | 0.01 MCG | Vegetable: | | |
| Sodium: | 1000 MG | 42% | VITAMIN C, TOTAL | 17.00 MG | Red/Orange: | NA cup | |
| Potassium: | 125 MG | 4% | ASCORBIC ACID | | Dark Green: | NA cup | |
| Total Carbohydrate: | 104 GM | 35% | FOLIC ACID | 86.79 MCG | Starchy: | NA cup | |
| Dietary Fiber: | 19 GM | 77% | Minerals | | | Beans/Peas: | NA cup |
| Sugars: | 25 GM | | PHOSPHOROUS | 64.76 MG | Other: | NA cup | |
| Protein | 44 GM | 88% | ZINC | 0.54 MG | Notes: | | |
| Vitamin A: 6% | | Vitamin C: 30% | MAGNESIUM | 18.35 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 23% ▨ % calories of CHO = 55% ▨ % calories of FAT = 22% </p> | | |
| Calcium: 4% | | Iron: 15% | COPPER | 0.014 MG | | | |
| Ingredients: Coco Chix Entree Prep APG (Boneless Skinless Chicken Breast, Hi-gluten Flour, Medium Shredded Coconut, Oriental Style Bread Crumb, Buttermilk 1% Gal, Salt, Ground Black Pepper), Mango Chutney APG (Major Grey Chutney, Peeled Apricot Halves in Light Syrup, Horseradish, Honey), Fresh Strawberries | | | IRON | 3.11 MG | | | |
| | | | CALCIUM | 29.46 MG | | | |
| | | | | | | | |
| | | | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | | |
| | | Calories | 2000 | 2500 | | | |
| Total Fat | Less Than | 65g | 81g | | | | |
| Sat Fat | Less Than | 20g | 25g | | | | |
| Cholesterol | Less Than | 300mg | 375mg | | | | |
| Sodium | Less Than | 2400mg | 3000mg | | | | |
| Total Carbohydrate | | 300g | 375g | | | | |
| Dietary Fiber | | 25g | 31g | | | | |
| Calories per gram | | | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | | | |



Coconut Grove Chicken Sticks APG - 2 Servings Per Appetizer

| | | | | | | |
|---|-----------|-----------------------------|-------------------------------|--------------------------------------|-----------------------------|----------|
| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | | |
| Serving Size: 1 Serving (202 grams) | | VITAMIN D(iu) | 0.27 IU | Child Nutrition Label: | No | |
| Amount Per Serving: | | VITAMIN K | 6.23 MCG | Serving Size: | | |
| Calories | 414 | Calories from Fat: | 65 | Meat Quantity: | NA | |
| % Daily Value | | VITAMIN A(iu) | 392.36 IU | Bread Quantity: | NA | |
| Total Fat: | 7 GM | 11% | VITAMIN A(re) | 7 MCG | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 4 GM | 21% | Water Soluble Vitamins | | | |
| Trans Fat: | 0 GM | | THIAMIN | 0.26 MG | Updated for New Final Rule: | |
| Polyunsaturated Fat: | 0 GM | | RIBOFLAVIN | 0.17 MG | Meat/Meat Alt: | NA oz eq |
| Monounsaturated Fat: | 0 GM | | NIACIN | 2.18 MG | Grain/Bread: | NA oz eq |
| Cholesterol: | 35 MG | 11% | VITAMIN B-6 | 0.02 MG | Fruit: | NA cup |
| Sodium: | 520 MG | 22% | VITAMIN B-12 | 0.01 MCG | Vegetable: | |
| Potassium: | 75 MG | 2% | VITAMIN C, TOTAL | 11.59 MG | Red/Orange: | NA cup |
| Total Carbohydrate: | 61 GM | 20% | ASCORBIC ACID | | Dark Green: | NA cup |
| Dietary Fiber: | 8 GM | 31% | FOLIC ACID | 60.07 MCG | Starchy: | NA cup |
| Sugars: | 18 GM | | Minerals | | | |
| Protein | 20 GM | 39% | PHOSPHOROUS | 42.46 MG | Beans/Peas: | NA cup |
| Vitamin A: 8% | | Vitamin C: 20% | ZINC | 0.36 MG | Other: | NA cup |
| Calcium: 2% | | Iron: 10% | MAGNESIUM | 11.09 MG | Notes: | |
| Ingredients: Coco Chicken Stix Prep APG (Boneless Skinless Chicken Breast, Hi-gluten Flour, Medium Shredded Coconut, Oriental Style Bread Crumb, Buttermilk 1% Gal, Salt, Ground Black Pepper), Mango Chutney APG (Major Grey Chutney, Peeled Apricot Halves in Light Syrup, Horseradish, Honey), Sweet Chili Sauce APG (Swtdnd Orange Juice 100%, Ketchup Bottle, Sriracha Chili Sauce, Honey), Fresh Strawberries, Cleaned Leaf Lettuce | | COPPER | 0.003 MG | Actual % Calorie Distribution | | |
| | | IRON | 2.02 MG | | | |
| | | CALCIUM | 17.64 MG | | | |
| | | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | |
| | Calories | 2000 | 2500 | | | |
| Total Fat | Less Than | 65g | 81g | | | |
| Sat Fat | Less Than | 20g | 25g | | | |
| Cholesterol | Less Than | 300mg | 375mg | | | |
| Sodium | Less Than | 2400mg | 3000mg | | | |
| Total Carbohydrate | | 300g | 375g | | | |
| Dietary Fiber | | 25g | 31g | | | |
| Calories per gram | | | | | | |
| Fat | 9 | Carbohydrate | 4 | Protein | 4 | |



■ % calories of PRO = 20%
 ■ % calories of CHO = 63%
 ■ % calories of FAT = 17%



Cookie Crisp APG - 2 Servings Per Dessert

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|------------------------|--|--------|---|--|-----|----------|------|------|-----------|-----------|-----|-----|---------|-----------|-----|-----|-------------|-----------|-------|-------|--------|-----------|--------|--------|--------------------|--|------|------|---------------|--|-----|-----|
| Serving Size: 1 Serving (159 grams) | | VITAMIN D(iu) 0.30 IU | | Child Nutrition Label: No | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Amount Per Serving: | | VITAMIN K 0 MCG | | Serving Size: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories 507 | Calories from Fat: 186 | VITAMIN A(iu) 565.07 IU | | Meat Quantity: NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value | | VITAMIN A(re) 0 MCG_ | | Bread Quantity: NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat: | 21 GM 32% | | | Fruit/Veg Quantity: NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat: | 11 GM 55% | Water Soluble Vitamins | | Updated for New Final Rule: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat: | 0 GM | THIAMIN 0.01 MG | | Meat/Meat Alt: NA oz eq | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Polyunsaturated Fat: | 0 GM | RIBOFLAVIN 0.01 MG | | Grain/Bread: NA oz eq | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Monounsaturated Fat: | 0 GM | NIACIN 0.01 MG | | Fruit: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol: | 35 MG 11% | VITAMIN B-6 0.01 MG | | Vegetable: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium: | 380 MG 16% | VITAMIN B-12 0.01 MCG | | Red/Orange: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium: | 10 MG 0% | VITAMIN C, TOTAL ASCORBIC ACID 1.01 MG | | Dark Green: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate: | 74 GM 25% | FOLIC ACID 0 MCG | | Starchy: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber: | han 1 GM 4% | Minerals | | Beans/Peas: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugars: | 39 GM | PHOSPHOROUS 4.62 MG | | Other: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein | 7 GM 13% | ZINC 0.01 MG | | Notes: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A: 10% | Vitamin C: 2% | MAGNESIUM 0.00 MG | | <p>Actual % Calorie Distribution</p> <table border="1"> <tr> <td>PRO</td> <td>5%</td> </tr> <tr> <td>CHO</td> <td>58%</td> </tr> <tr> <td>FAT</td> <td>37%</td> </tr> </table> | | PRO | 5% | CHO | 58% | FAT | 37% | | | | | | | | | | | | | | | | | | | | | | |
| PRO | 5% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CHO | 58% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| FAT | 37% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium: 15% | Iron: 6% | COPPER 0 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ingredients: Vanilla Ice Cream, Ind Wrpd Choc Chip Cookie 1oz, Pressed 10" Flour Tortilla, Carmel Topping, Dutch Chocolate Syrup | | IRON 0.92 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | CALCIUM 136.38 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</p> <table border="1"> <tr> <td></td> <td>Calories</td> <td>2000</td> <td>2500</td> </tr> <tr> <td>Total Fat</td> <td>Less Than</td> <td>65g</td> <td>81g</td> </tr> <tr> <td>Sat Fat</td> <td>Less Than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less Than</td> <td>300mg</td> <td>375mg</td> </tr> <tr> <td>Sodium</td> <td>Less Than</td> <td>2400mg</td> <td>3000mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>31g</td> </tr> </table> | | | | | | | Calories | 2000 | 2500 | Total Fat | Less Than | 65g | 81g | Sat Fat | Less Than | 20g | 25g | Cholesterol | Less Than | 300mg | 375mg | Sodium | Less Than | 2400mg | 3000mg | Total Carbohydrate | | 300g | 375g | Dietary Fiber | | 25g | 31g |
| | Calories | 2000 | 2500 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat | Less Than | 65g | 81g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sat Fat | Less Than | 20g | 25g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol | Less Than | 300mg | 375mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium | Less Than | 2400mg | 3000mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate | | 300g | 375g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber | | 25g | 31g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories per gram | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fat 9 | | Carbohydrate 4 | | Protein 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |



Cornonado Cobb Salad APG - Not Including Sides

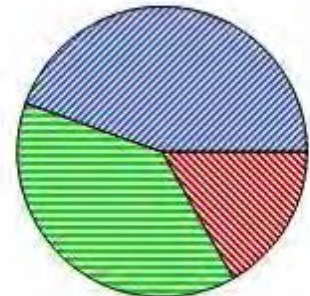
| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|-------------|---|----------|
| Serving Size: Each Serving (528 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 803 | Calories from Fat: 477 | VITAMIN A(iu) | 15790.21 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 53 GM 82% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 20 GM 99% | THIAMIN | 0.01 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.11 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | NIACIN | 0.25 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 9 GM | VITAMIN B-6 | 0 MG | Fruit: | NA cup |
| Cholesterol: | 305 MG 102% | VITAMIN B-12 | 0 MCG | Vegetable: | |
| Sodium: | 2760 MG 115% | VITAMIN C, TOTAL | 92.57 MG | Red/Orange: | NA cup |
| Potassium: | 45 MG 1% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 14 GM 5% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | 4 GM 17% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 2 GM | PHOSPHOROUS | 102.03 MG | Other: | NA cup |
| Protein | 58 GM 117% | ZINC | 0 MG | Notes: | |
| Vitamin A: 320% | Vitamin C: 150% | MAGNESIUM | 0 MG | <p>Actual % Calorie Distribution</p> <p> ■ % calories of PRO = 30% ■ % calories of CHO = 7% ■ % calories of FAT = 62% </p> | |
| Calcium: 25% | Iron: 15% | COPPER | 0 MG | | |
| Ingredients: Chicken 6oz Breast APG (Boneless Skinless Chicken Breast, Pomace Olive Oil, Seasoning Salt, Granulated Garlic, Canadian Chicken Seasoning, Regular Grind Black Pepper, Whole Italian Herb Seasoning), Romaine Lettuce, Fresh Laid Out, Applewood Smkd Bacon, Hard Cooked Peeled Eggs, Extra-Large Fresh Tomato, Blue Cheese Crumbles, Fresh Green Onion, Avocado Halves | | IRON | 2.87 MG | | |
| | | CALCIUM | 225.90 MG | | |
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| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | |



Derby Bourbon Burger APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|-----------|--|----------|
| Serving Size: Serving (432 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 12.30 MCG | Serving Size: | |
| Calories 1,132 | Calories from Fat: 660 | VITAMIN A(iu) | 946.42 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 13 MCG | Bread Quantity: | NA |
| Total Fat: | 73 GM 113% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 24 GM 121% | THIAMIN | 0.01 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.01 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | NIACIN | 0.03 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | VITAMIN B-6 | 0.01 MG | Fruit: | NA cup |
| Cholesterol: | 195 MG 65% | VITAMIN B-12 | 0 MCG | Vegetable: | |
| Sodium: | 1660 MG 69% | VITAMIN C, TOTAL | 6.44 MG | Red/Orange: | NA cup |
| Potassium: | 200 MG 6% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 69 GM 23% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | 4 GM 16% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 18 GM | PHOSPHOROUS | 3.33 MG | Other: | NA cup |
| Protein | 45 GM 90% | ZINC | 0.02 MG | Notes: | |
| Vitamin A: 20% | Vitamin C: 10% | MAGNESIUM | 1.55 MG | <p>Actual % Calorie Distribution</p> <p> ■ % calories of PRO = 16% ■ % calories of CHO = 25% ■ % calories of FAT = 59% </p> | |
| Calcium: 20% | Iron: 30% | COPPER | 0.002 MG | | |
| Ingredients: Ground Beef, 4" Brioche Bun, Onion Ring Beer Batrd, Pickle Kosh Whl, Kentucky Bourbon Sauce, Mayonnaise, Cheddar Cheese Slices 0.75oz, Cleaned Leaf Lettuce | | IRON | 5.66 MG | | |
| | | CALCIUM | 183.07 MG | | |
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| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | |

Feta Bread APG - 4 Servings Per Appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|-----------|--|----------|
| Serving Size: 1 Serving (154 grams) | | VITAMIN D(iu) | 2.64 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 526 | Calories from Fat: 236 | VITAMIN A(iu) | 950.27 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 26 GM 40% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 9 GM 46% | THIAMIN | 0.42 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.28 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 2 GM | NIACIN | 3.48 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0.5 GM | VITAMIN B-6 | 0.03 MG | Fruit: | NA cup |
| Cholesterol: | 45 MG 14% | VITAMIN B-12 | 0.04 MCG | Vegetable: | |
| Sodium: | 1000 MG 42% | VITAMIN C, TOTAL | 5.11 MG | Red/Orange: | NA cup |
| Potassium: | 80 MG 2% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 51 GM 17% | FOLIC ACID | 98.81 MCG | Starchy: | NA cup |
| Dietary Fiber: | 2 GM 9% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 4 GM | PHOSPHOROUS | 70.64 MG | Other: | NA cup |
| Protein | 22 GM 44% | ZINC | 0.59 MG | Notes: | |
| Vitamin A: 20% | Vitamin C: 10% | MAGNESIUM | 17.18 MG | <p>Actual % Calorie Distribution</p>  <p> % calories of PRO = 17% % calories of CHO = 39% % calories of FAT = 45% </p> | |
| Calcium: 30% | Iron: 20% | COPPER | 0 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Cheese Blnd Pizza Spec Dcd Bulk, Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Ranch Dressing APG (Mayonnaise, Buttermilk 1% Gal, Ranch Dressing Mix), Feta Cheese, Garlic Butter APG (Liquid Margarine, Chopped Garlic in Water, Salt), Grated Parmesan Cheese | | IRON | 3.27 MG | | |
| | | CALCIUM | 314.65 MG | | |
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| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | |



Firehouse Burger APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|--------------------------------|-----------|--|----------|
| Serving Size: Serving (408 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 1,004 | Calories from Fat: 599 | VITAMIN A(iu) | 235.90 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 67 GM 102% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 22 GM 109% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | | | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | | | Fruit: | NA cup |
| Cholesterol: | 155 MG 52% | | | Vegetable: | |
| Sodium: | 1860 MG 78% | | | Red/Orange: | NA cup |
| Potassium: | 65 MG 2% | Dark Green: | NA cup | | |
| Total Carbohydrate: | 50 GM 17% | VITAMIN B-6 | 0 MG | Starchy: | NA cup |
| Dietary Fiber: | 2 GM 8% | VITAMIN B-12 | 0 MCG | Beans/Peas: | NA cup |
| Sugars: | 7 GM | VITAMIN C, TOTAL ASCORBIC ACID | 14.98 MG | Other: | NA cup |
| Protein | 46 GM 91% | FOLIC ACID | 0 MCG | Notes: | |
| Vitamin A: 6% | Vitamin C: 25% | Minerals | | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 19% ▨ % calories of CHO = 20% ▨ % calories of FAT = 61% </p> | |
| Calcium: 20% | Iron: 25% | PHOSPHOROUS | 0 MG | | |
| Ingredients: Ground Beef, Bun Hamb Pretzel 3.2 Fz, Pickle Kosh Whl, Mayonnaise, Natural Provolone Cheese Slice 0.75oz, Mild Banana Pepper Rings, Sriracha Chili Sauce, Sliced Jalapeno Peppers, Cappelicola Ham | | ZINC | 0 MG | | |
| | | MAGNESIUM | 0 MG | | |
| | | COPPER | 0 MG | | |
| | | IRON | 4.65 MG | | |
| | | CALCIUM | 181.81 MG | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Harvest Salad APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|-------------------------------|------------|--|----------|
| Serving Size: Serving (383 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0.06 MCG | Serving Size: | |
| Calories 773 | Calories from Fat: 395 | VITAMIN A(iu) | 4919.72 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| Total Fat: | 44 GM 68% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 10 GM 49% | THIAMIN | 0.02 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.12 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | NIACIN | 0.26 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 9 GM | VITAMIN B-6 | 0.02 MG | Fruit: | NA cup |
| Cholesterol: | 110 MG 36% | VITAMIN B-12 | 0 MCG | Vegetable: | |
| Sodium: | 1510 MG 63% | VITAMIN C, TOTAL | 21.70 MG | Red/Orange: | NA cup |
| Potassium: | 260 MG 7% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 41 GM 14% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | 7 GM 27% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 25 GM | PHOSPHOROUS | 105.79 MG | Other: | NA cup |
| Protein | 43 GM 86% | ZINC | 0.02 MG | Notes: | |
| Vitamin A: 100% | Vitamin C: 35% | MAGNESIUM | 1.39 MG | <p>Actual % Calorie Distribution</p> <p> ■ % calories of PRO = 23% ■ % calories of CHO = 22% ■ % calories of FAT = 54% </p> | |
| Calcium: 25% | Iron: 20% | COPPER | 0.005 MG | | |
| Ingredients: Chicken 6oz Breast APG (Boneless Skinless Chicken Breast, Pomace Olive Oil, Seasoning Salt, Granulated Garlic, Canadian Chicken Seasoning, Regular Grind Black Pepper, Whole Italian Herb Seasoning), Spring Mix Sweet, Sliced Apples, Dried Sweetened Cherries, Blue Cheese Crumbles, Walnut Halves & Pieces, Jumbo Red Onion | | IRON | 3.43 MG | | |
| | | CALCIUM | 274.85 MG | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Kid Grilled Cheese APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------------|--|--|--|
| Serving Size: Each Serving (159 grams) | | VITAMIN D(iu) 0 IU | | Child Nutrition Label: No | |
| Amount Per Serving: | | VITAMIN K 0 MCG | | Serving Size: | |
| Calories 399 | Calories from Fat: 107 | VITAMIN A(iu) 596.83 IU | | Meat Quantity: NA | |
| % Daily Value | | VITAMIN A(re) 0 MCG_ | | Bread Quantity: NA | |
| Total Fat: 12 GM | 18% | | | Fruit/Veg Quantity: NA | |
| Saturated Fat: 8 GM | 40% | Water Soluble Vitamins | | Updated for New Final Rule: | |
| Trans Fat: 0 GM | | THIAMIN 0.60 MG | | Meat/Meat Alt: NA oz eq | |
| Polyunsaturated Fat: 0 GM | | RIBOFLAVIN 0.34 MG | | Grain/Bread: NA oz eq | |
| Monounsaturated Fat: 0 GM | | NIACIN 0 MG | | Fruit: NA cup | |
| Cholesterol: 30 MG | 10% | VITAMIN B-6 0 MG | | Vegetable: | |
| Sodium: 1060 MG | 44% | VITAMIN B-12 0 MCG | | Red/Orange: NA cup | |
| Potassium: 0 MG | 0% | VITAMIN C, TOTAL ASCORBIC ACID 0 MG | | Dark Green: NA cup | |
| Total Carbohydrate: 56 GM | 19% | FOLIC ACID 0 MCG | | Starchy: NA cup | |
| Dietary Fiber: 2 GM | 8% | Minerals | | Beans/Peas: NA cup | |
| Sugars: 0 GM | | PHOSPHOROUS 0 MG | | Other: NA cup | |
| Protein 16 GM | 32% | ZINC 0 MG | | Notes: | |
| Vitamin A: 10% | Vitamin C: 0% | MAGNESIUM 0 MG | | <p>Actual % Calorie Distribution</p> <p> % calories of PRO = 16% % calories of CHO = 57% % calories of FAT = 27% </p> | |
| Calcium: 20% | Iron: 20% | COPPER 0 MG | | | |
| Ingredients: Sourdough Bread, Sliced American Cheese | | IRON 3.60 MG | | | |
| | | CALCIUM 198.94 MG | | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | | 2500 | |
| Total Fat | Less Than | 65g | | 81g | |
| Sat Fat | Less Than | 20g | | 25g | |
| Cholesterol | Less Than | 300mg | | 375mg | |
| Sodium | Less Than | 2400mg | | 3000mg | |
| Total Carbohydrate | | 300g | | 375g | |
| Dietary Fiber | | 25g | | 31g | |
| Calories per gram | | | | | |
| Fat 9 | | Carbohydrate 4 | | Protein 4 | |



Kid Mac & Cheese APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|------------------------|------------|--|----------|
| Serving Size: Each Serving (200 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 748 | Calories from Fat: 378 | VITAMIN A(iu) | 1523.52 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 42 GM 65% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 22 GM 110% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | THIAMIN | 0.07 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 2.5 GM | RIBOFLAVIN | 0.08 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 1 GM | NIACIN | 0.48 MG | Fruit: | NA cup |
| Cholesterol: | 130 MG 44% | VITAMIN B-6 | 0 MG | Vegetable: | |
| Sodium: | 630 MG 26% | VITAMIN B-12 | 0 MCG | Red/Orange: | NA cup |
| Potassium: | 80 MG 2% | VITAMIN C, TOTAL | 0 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 66 GM 22% | ASCORBIC ACID | | Starchy: | NA cup |
| Dietary Fiber: | 3 GM 11% | FOLIC ACID | 19.29 MCG | Beans/Peas: | NA cup |
| Sugars: | 10 GM | Minerals | | Other: | NA cup |
| Protein | 19 GM 37% | PHOSPHOROUS | 121.77 MG | Notes: | |
| Vitamin A: 30% | Vitamin C: 0% | ZINC | 0 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 10% ▨ % calories of CHO = 37% ▨ % calories of FAT = 53% </p> | |
| Calcium: 30% | Iron: 15% | MAGNESIUM | 0 MG | | |
| Ingredients: Mac & Cheese Sauce APG (36% Heavy Whipping Cream, Sliced American Cheese, Shredded Mexican 4-Cheese Blend, Liquid Margarine), Cavatappi Pasta, Pre-cut Cornbread Sheet, Panko/Cornbread Topping APG (Oriental Style Bread Crumb, Pre-cut Cornbread Sheet), Shredded Mexican 4-Cheese Blend | | COPPER | 0 MG | | |
| | | IRON | 2.56 MG | | |
| | | CALCIUM | 284.45 MG | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Kid's Burger APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|-----------|---|----------|
| Serving Size: Each Serving (191 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 513 | Calories from Fat: 225 | VITAMIN A(iu) | 200.00 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 25 GM 38% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 12 GM 59% | THIAMIN | 0 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | NIACIN | 0 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | VITAMIN B-6 | 0 MG | Fruit: | NA cup |
| Cholesterol: | 100 MG 34% | VITAMIN B-12 | 0 MCG | Vegetable: | |
| Sodium: | 610 MG 25% | VITAMIN C, TOTAL | 0 MG | Red/Orange: | NA cup |
| Potassium: | 0 MG 0% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 44 GM 15% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | 2 GM 8% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 2 GM | PHOSPHOROUS | 0 MG | Other: | NA cup |
| Protein | 25 GM 50% | ZINC | 0 MG | Notes: | |
| Vitamin A: 4% | Vitamin C: 0% | MAGNESIUM | 0 MG | <p>Actual % Calorie Distribution</p> <p> % calories of PRO = 20% % calories of CHO = 35% % calories of FAT = 45% </p> | |
| Calcium: 6% | Iron: 25% | COPPER | 0 MG | | |
| Ingredients: Brioche Bun, Ground Beef | | IRON | 4.07 MG | | |
| | | CALCIUM | 60.00 MG | | |
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| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | |



Kid's Chicken Nuggets APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|-----------------------|-------------------------------|----------|--|----------|
| Serving Size: Each Serving (113 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 227 | Calories from Fat: 94 | VITAMIN A(iu) | 0 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| Total Fat: | 10 GM 16% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 1.5 GM 7% | THIAMIN | 0 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | NIACIN | 0 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | VITAMIN B-6 | 0 MG | Fruit: | NA cup |
| Cholesterol: | 40 MG 13% | VITAMIN B-12 | 0 MCG | Vegetable: | |
| Sodium: | 980 MG 41% | VITAMIN C, TOTAL | 0 MG | Red/Orange: | NA cup |
| Potassium: | 0 MG 0% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 19 GM 6% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | han 1 GM 4% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 0 GM | PHOSPHOROUS | 0 MG | Other: | NA cup |
| Protein | 16 GM 32% | ZINC | 0 MG | Notes: | |
| Vitamin A: 0% | Vitamin C: 0% | MAGNESIUM | 0 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 28% ▨ % calories of CHO = 32% ▨ % calories of FAT = 40% </p> | |
| Calcium: 4% | Iron: 10% | COPPER | 0 MG | | |
| Ingredients: Breaded Chicken Chunks | | IRON | 1.70 MG | | |
| | | CALCIUM | 37.80 MG | | |
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| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | |



Kids Coconut Grove Chicken Sticks APG - Not Including Sides

| | | | | | | |
|--|-----------------------|-------------------------------|------------------|-----------------------------|---|----------|
| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | | |
| Serving Size: 1 Serving (139 grams) | | VITAMIN D(iu) | 0.27 IU | Child Nutrition Label: | No | |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | | |
| Calories | 338 | VITAMIN A(iu) | 1.62 IU | Meat Quantity: | NA | |
| | Calories from Fat: 65 | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA | |
| | % Daily Value | | | Fruit/Veg Quantity: | NA | |
| Total Fat: | 7 GM | Water Soluble Vitamins | | Updated for New Final Rule: | | |
| Saturated Fat: | 4 GM | 21% | THIAMIN | 0.26 MG | Meat/Meat Alt: | NA oz eq |
| Trans Fat: | 0 GM | | RIBOFLAVIN | 0.16 MG | Grain/Bread: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | | NIACIN | 2.12 MG | Fruit: | NA cup |
| Monounsaturated Fat: | 0 GM | | VITAMIN B-6 | 0.02 MG | Vegetable: | |
| Cholesterol: | 35 MG | 11% | VITAMIN B-12 | 0.00 MCG | Red/Orange: | NA cup |
| Sodium: | 350 MG | 14% | VITAMIN C, TOTAL | 0.01 MG | Dark Green: | NA cup |
| Potassium: | 40 MG | 1% | ASCORBIC ACID | | Starchy: | NA cup |
| Total Carbohydrate: | 42 GM | 14% | FOLIC ACID | 60.07 MCG | Beans/Peas: | NA cup |
| Dietary Fiber: | 8 GM | 30% | | | Other: | NA cup |
| Sugars: | 1 GM | | Minerals | | Notes: | |
| Protein | 19 GM | 39% | PHOSPHOROUS | 39.55 MG | | |
| Vitamin A: 0% | | Vitamin C: 0% | ZINC | 0.34 MG | | |
| Calcium: 2% | | Iron: 10% | MAGNESIUM | 10.09 MG | | |
| Ingredients: Coco Chicken Stix Prep APG (Boneless Skinless Chicken Breast, Hi-gluten Flour, Medium Shredded Coconut, Oriental Style Bread Crumb, Buttermilk 1% Gal, Salt, Ground Black Pepper) | | | COPPER | 0 MG | | |
| | | | IRON | 1.93 MG | | |
| | | | CALCIUM | 13.83 MG | | |
| | | | | | Actual % Calorie Distribution | |
| | | | | | | |
| | | | | | <ul style="list-style-type: none"> ▨ % calories of PRO = 25% ▨ % calories of CHO = 54% ▨ % calories of FAT = 21% | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | |
| | Calories | 2000 | | 2500 | | |
| Total Fat | Less Than | 65g | | 81g | | |
| Sat Fat | Less Than | 20g | | 25g | | |
| Cholesterol | Less Than | 300mg | | 375mg | | |
| Sodium | Less Than | 2400mg | | 3000mg | | |
| Total Carbohydrate | | 300g | | 375g | | |
| Dietary Fiber | | 25g | | 31g | | |
| Calories per gram | | | | | | |
| Fat | 9 | | Carbohydrate | 4 | | |
| | | | | Protein | 4 | |



Kid's Pizza APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|------------|--|----------|
| Serving Size: Each Serving (436 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 1,407 | Calories from Fat: 370 | VITAMIN A(iu) | 2213.11 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 41 GM 63% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 16 GM 79% | THIAMIN | 1.68 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 1.05 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 8 GM | NIACIN | 13.89 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 2.5 GM | VITAMIN B-6 | 0.10 MG | Fruit: | NA cup |
| Cholesterol: | 70 MG 24% | VITAMIN B-12 | 0 MCG | Vegetable: | |
| Sodium: | 2470 MG 103% | VITAMIN C, TOTAL | 20.18 MG | Red/Orange: | NA cup |
| Potassium: | 260 MG 7% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 200 GM 67% | FOLIC ACID | 393.74 MCG | Starchy: | NA cup |
| Dietary Fiber: | 9 GM 35% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 13 GM | PHOSPHOROUS | 254.62 MG | Other: | NA cup |
| Protein | 59 GM 119% | ZINC | 2.23 MG | Notes: | |
| Vitamin A: 45% | Vitamin C: 35% | MAGNESIUM | 65.62 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 17% ▨ % calories of CHO = 57% ▨ % calories of FAT = 26% </p> | |
| Calcium: 70% | Iron: 70% | COPPER | 0 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Shredded 5-Cheese Blend, Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Sliced Pepperoni, 18 per Ounce | | IRON | 12.70 MG | | |
| | | CALCIUM | 686.65 MG | | |
| | | | | | |
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| | | | | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | |



Large BBQ Chicken Pizza APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|------------------------|-----------|--|----------|
| Serving Size: 1 Slice (112 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0.02 MCG | Serving Size: | |
| Calories 369 | Calories from Fat: 113 | VITAMIN A(iu) | 611.62 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| Total Fat: | 13 GM 19% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 6 GM 29% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | THIAMIN | 0.32 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | RIBOFLAVIN | 0.20 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0.5 GM | NIACIN | 2.64 MG | Fruit: | NA cup |
| Cholesterol: | 35 MG 12% | VITAMIN B-6 | 0.03 MG | Vegetable: | |
| Sodium: | 790 MG 33% | VITAMIN B-12 | 0 MCG | Red/Orange: | NA cup |
| Potassium: | 85 MG 2% | VITAMIN C, TOTAL | 1.18 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 44 GM 15% | ASCORBIC ACID | | Starchy: | NA cup |
| Dietary Fiber: | 1 GM 6% | FOLIC ACID | 74.81 MCG | Beans/Peas: | NA cup |
| Sugars: | 3 GM | Minerals | | Other: | NA cup |
| Protein | 18 GM 36% | PHOSPHOROUS | 175.19 MG | Notes: | |
| Vitamin A: 10% | Vitamin C: 2% | ZINC | 0.43 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 20% ▨ % calories of CHO = 49% ▨ % calories of FAT = 31% </p> | |
| Calcium: 20% | Iron: 15% | MAGNESIUM | 12.85 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Shredded Mexican 4-Cheese Blend, BBQ Sauce, Boneless Skinless Chicken Breast, Cooked Diced Bacon, Jumbo Red Onion | | COPPER | 0.001 MG | | |
| | | IRON | 2.55 MG | | |
| | | CALCIUM | 205.99 MG | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | |

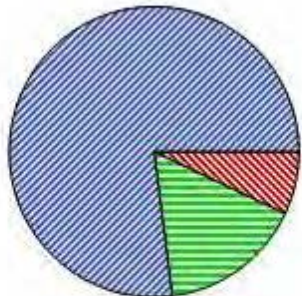


Large Big Kahuna APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|--------------------------------|-----------|--|----------|
| Serving Size: 1 Slice (126 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0.01 MCG | Serving Size: | |
| Calories 372 | Calories from Fat: 109 | VITAMIN A(iu) | 616.35 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| Total Fat: | 12 GM 19% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 6 GM 29% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | | | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0.5 GM | | | Fruit: | NA cup |
| Cholesterol: | 35 MG 12% | | | Vegetable: | |
| Sodium: | 780 MG 33% | | | Red/Orange: | NA cup |
| Potassium: | 95 MG 3% | Dark Green: | NA cup | | |
| Total Carbohydrate: | 46 GM 15% | VITAMIN B-6 | 0.03 MG | Starchy: | NA cup |
| Dietary Fiber: | 1 GM 6% | VITAMIN B-12 | 0 MCG | Beans/Peas: | NA cup |
| Sugars: | 5 GM | VITAMIN C, TOTAL ASCORBIC ACID | 2.30 MG | Other: | NA cup |
| Protein | 18 GM 36% | FOLIC ACID | 75.44 MCG | Notes: | |
| Vitamin A: 10% | Vitamin C: 4% | Minerals | | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 20% ▨ % calories of CHO = 50% ▨ % calories of FAT = 30% </p> | |
| Calcium: 20% | Iron: 15% | PHOSPHOROUS | 175.68 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Shredded Mexican 4-Cheese Blend, Crushed Pineapple in Juice, BBQ Sauce, Boneless Skinless Chicken Breast, Deli Sliced Ham, Cooked Diced Bacon, Jumbo Red Onion | | ZINC | 0.44 MG | | |
| | | MAGNESIUM | 14.51 MG | | |
| | | COPPER | 0.001 MG | | |
| | | IRON | 2.65 MG | | |
| | | CALCIUM | 207.52 MG | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | | Calories | 2000 | 2500 | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | Protein 4 | | |



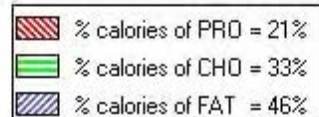
Large Greek Salad APG - Not Including Sides

| | | | | | | | | |
|---|---|--|------------------------------------|------------------------|--------------------------------------|-------------------------|-------------------------------------|-------------------------|
| Nutrition Information Serving Size: Serving (538 grams) <hr/> Amount Per Serving: Calories 599 Calories from Fat: 476 % Daily Value Total Fat: 53 GM 81% Saturated Fat: 11 GM 55% Trans Fat: 0 GM Polyunsaturated Fat: 0 GM Monounsaturated Fat: 0 GM Cholesterol: 15 MG 5% Sodium: 2660 MG 111% Potassium: 280 MG 8% Total Carbohydrate: 25 GM 8% Dietary Fiber: 6 GM 24% Sugars: 7 GM Protein 11 GM 21% <hr/> Vitamin A: 330% · Vitamin C: 45% Calcium: 25% · Iron: 25% Ingredients: Washed, Cut Romaine Lettuce, Mediterranean Feta Dressing, Grape Tomatoes, Medium Sliced Beets, Feta Cheese, Jumbo Red Onion, Jumbo/XI Pitted Kalamata Olives, Mild Banana Pepper Rings | Fat Soluble Vitamins VITAMIN D(iu) 0 IU VITAMIN K 0.11 MCG VITAMIN A(iu) 16239.96 IU VITAMIN A(re) 170 MCG_ <hr/> Water Soluble Vitamins THIAMIN 0.01 MG RIBOFLAVIN 0.01 MG NIACIN 0.02 MG VITAMIN B-6 0.04 MG VITAMIN B-12 0 MCG VITAMIN C, TOTAL ASCORBIC ACID 26.56 MG FOLIC ACID 0 MCG <hr/> Minerals PHOSPHOROUS 32.13 MG ZINC 0.05 MG MAGNESIUM 2.83 MG COPPER 0.011 MG IRON 4.26 MG CALCIUM 234.42 MG | School Equivalents Child Nutrition Label: No Serving Size: NA Meat Quantity: NA Bread Quantity: NA Fruit/Veg Quantity: NA <hr/> Updated for New Final Rule: Meat/Meat Alt: NA oz eq Grain/Bread: NA oz eq Fruit: NA cup Vegetable: Red/Orange: NA cup Dark Green: NA cup Starchy: NA cup Beans/Peas: NA cup Other: NA cup <hr/> Notes: | | | | | | |
| | | Actual % Calorie Distribution  <table border="1" style="margin-left: auto; margin-right: auto; font-size: small;"> <tr> <td>▨</td> <td>% calories of PRO = 7%</td> </tr> <tr> <td>▨</td> <td>% calories of CHO = 16%</td> </tr> <tr> <td>▨</td> <td>% calories of FAT = 77%</td> </tr> </table> | ▨ | % calories of PRO = 7% | ▨ | % calories of CHO = 16% | ▨ | % calories of FAT = 77% |
| ▨ | % calories of PRO = 7% | | | | | | | |
| ▨ | % calories of CHO = 16% | | | | | | | |
| ▨ | % calories of FAT = 77% | | | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | | | |
| | Calories | 2000 2500 | | | | | | |
| Total Fat | Less Than | 65g 81g | | | | | | |
| Sat Fat | Less Than | 20g 25g | | | | | | |
| Cholesterol | Less Than | 300mg 375mg | | | | | | |
| Sodium | Less Than | 2400mg 3000mg | | | | | | |
| Total Carbohydrate | | 300g 375g | | | | | | |
| Dietary Fiber | | 25g 31g | | | | | | |
| Calories per gram | | | | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | | | | |



Large Herb Chicken Pizza APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|-------------------------------|-----------|--------------------------------------|----------|
| Serving Size: 1 Slice (118 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 281 | Calories from Fat: 131 | VITAMIN A(iu) | 543.00 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 14 GM 22% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 6 GM 28% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | | | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 4 GM | | | Fruit: | NA cup |
| Cholesterol: | 30 MG 10% | | | Vegetable: | |
| Sodium: | 500 MG 21% | THIAMIN | 0.19 MG | Red/Orange: | NA cup |
| Potassium: | 30 MG 1% | RIBOFLAVIN | 0.12 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 24 GM 8% | NIACIN | 1.59 MG | Starchy: | NA cup |
| Dietary Fiber: | 1 GM 4% | VITAMIN B-6 | 0.01 MG | Beans/Peas: | NA cup |
| Sugars: | 2 GM | VITAMIN B-12 | 0 MCG | Other: | NA cup |
| Protein | 15 GM 30% | VITAMIN C, TOTAL | 6.49 MG | Notes: | |
| Vitamin A: 10% | Vitamin C: 10% | ASCORBIC ACID | | | |
| Calcium: 20% | Iron: 10% | FOLIC ACID | 45.18 MCG | | |
| Ingredients: Large Dough APG (Hi-gluten Flour, Spring Water, Dough Mix Custom Aubrees Bulk R, Salad Oil), Cheese Blind Pizza Spec Dcd Bulk, Roasted Red Peppers, Butterfly Bone/Skin-less Chix Breast, Herb Infused Olive Oil APG (Pomace Olive Oil, Salt, Regular Grind Black Pepper, Fresh Peeled Garlic), Feta Cheese, Fresh Basil | | Minerals | | Actual % Calorie Distribution | |
| | | PHOSPHOROUS | 29.22 MG | | |
| | | ZINC | 0.26 MG | | |
| | | MAGNESIUM | 7.53 MG | | |
| | | COPPER | 0 MG | | |
| | | IRON | 1.59 MG | | |
| | | CALCIUM | 212.40 MG | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | Protein 4 | | |





Large Louisiana Cajun Pizza APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|--------------------------------|-----------|---|----------|
| Serving Size: 1 Slice (123 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0.04 MCG | Serving Size: | |
| Calories 260 | Calories from Fat: 106 | VITAMIN A(iu) | 435.80 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| Total Fat: | 12 GM 18% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 5 GM 27% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1 GM | | | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | | | Fruit: | NA cup |
| Cholesterol: | 30 MG 9% | | | Vegetable: | |
| Sodium: | 500 MG 21% | THIAMIN | 0.20 MG | Red/Orange: | NA cup |
| Potassium: | 110 MG 3% | RIBOFLAVIN | 0.12 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 26 GM 9% | NIACIN | 1.61 MG | Starchy: | NA cup |
| Dietary Fiber: | 1 GM 6% | VITAMIN B-6 | 0.03 MG | Beans/Peas: | NA cup |
| Sugars: | 3 GM | VITAMIN B-12 | 0.00 MCG | Other: | NA cup |
| Protein | 13 GM 26% | VITAMIN C, TOTAL ASCORBIC ACID | 7.64 MG | Notes: | |
| Vitamin A: 10% | Vitamin C: 15% | FOLIC ACID | 45.18 MCG | | |
| Calcium: 20% | Iron: 10% | Minerals | | | |
| Ingredients: Large Dough APG (Hi-gluten Flour, Spring Water, Dough Mix Custom Aubrees Bulk R, Salad Oil), Cheese Blind Pizza Spec Dcd Bulk, Cajun Sausage, Caramelized Onions APG (Spanish Onions, Cab Wine, Pomace Olive Oil, Salt, Ground Black Pepper), Roasted Red Peppers, Fresh Green Onion, Sweet Chili Sauce APG (Swtnd Orange Juice 100%, Ketchup Bottle, Sriracha Chili Sauce, Honey) | | PHOSPHOROUS | 32.25 MG | <p>Actual % Calorie Distribution</p> <p> % calories of PRO = 20% % calories of CHO = 40% % calories of FAT = 40% </p> | |
| | | ZINC | 0.27 MG | | |
| | | MAGNESIUM | 8.59 MG | | |
| | | COPPER | 0.004 MG | | |
| | | IRON | 1.66 MG | | |
| | | CALCIUM | 205.69 MG | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Large Margherita Pizza APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | | | |
|---|------------------------|--------------------------------|-----------|-----------------------------|----------|---|--|
| Serving Size: 1 Slice (110 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No | | |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | | | |
| Calories 241 | Calories from Fat: 106 | VITAMIN A(iu) | 335.39 IU | Meat Quantity: | NA | | |
| % Daily Value | | VITAMIN A(re) | 37 MCG_ | Bread Quantity: | NA | | |
| Total Fat: | 12 GM 18% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA | | |
| Saturated Fat: | 4 GM 20% | | | Updated for New Final Rule: | | | |
| Trans Fat: | 0 GM | | | Meat/Meat Alt: | NA oz eq | | |
| Polyunsaturated Fat: | 1.5 GM | | | Grain/Bread: | NA oz eq | | |
| Monounsaturated Fat: | 4 GM | | | Fruit: | NA cup | | |
| Cholesterol: | 15 MG 5% | | | Vegetable: | | | |
| Sodium: | 340 MG 14% | VITAMIN B-6 | 0.01 MG | Red/Orange: | NA cup | | |
| Potassium: | 85 MG 2% | VITAMIN B-12 | 0 MCG | Dark Green: | NA cup | | |
| Total Carbohydrate: | 25 GM 8% | VITAMIN C, TOTAL ASCORBIC ACID | 3.55 MG | Starchy: | NA cup | | |
| Dietary Fiber: | 1 GM 4% | FOLIC ACID | 45.18 MCG | Beans/Peas: | NA cup | | |
| Sugars: | 3 GM | Minerals | | Other: | NA cup | | |
| Protein | 10 GM 20% | | | PHOSPHOROUS | 34.58 MG | Notes: | |
| Vitamin A: 8% | Vitamin C: 6% | | | ZINC | 0.26 MG | <p>Actual % Calorie Distribution</p> <p> % calories of PRO = 16% % calories of CHO = 40% % calories of FAT = 44% </p> | |
| Calcium: 15% | Iron: 10% | | | MAGNESIUM | 7.53 MG | | |
| Ingredients: Large Dough APG (Hi-gluten Flour, Spring Water, Dough Mix Custom Aubrees Bulk R, Salad Oil), Grape Tomatoes, Cheese Blind Pizza Spec Dcd Bulk, Herb Infused Olive Oil APG (Pomace Olive Oil, Salt, Regular Grind Black Pepper, Fresh Peeled Garlic), Rtu Balsamic Glaze, Fresh Basil | | | | COPPER | 0 MG | | |
| | | | | IRON | 1.57 MG | | |
| | | CALCIUM | 169.05 MG | | | | |
| | | | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | | |
| | Calories | 2000 | 2500 | | | | |
| Total Fat | Less Than | 65g | 81g | | | | |
| Sat Fat | Less Than | 20g | 25g | | | | |
| Cholesterol | Less Than | 300mg | 375mg | | | | |
| Sodium | Less Than | 2400mg | 3000mg | | | | |
| Total Carbohydrate | | 300g | 375g | | | | |
| Dietary Fiber | | 25g | 31g | | | | |
| Calories per gram | | | | | | | |
| Fat 9 | Carbohydrate 4 | | | Protein 4 | | | |



Large Mighty Meat Pizza APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|------------------------|-------------------------------|-----------|--|----------|
| Serving Size: 1 Slice (129 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 378 | Calories from Fat: 134 | VITAMIN A(iu) | 603.19 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| Total Fat: | 15 GM 23% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 6 GM 32% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | | | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0.5 GM | | | Fruit: | NA cup |
| Cholesterol: | 40 MG 14% | | | Vegetable: | |
| Sodium: | 790 MG 33% | THIAMIN | 0.32 MG | Red/Orange: | NA cup |
| Potassium: | 50 MG 1% | RIBOFLAVIN | 0.20 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 40 GM 13% | NIACIN | 2.64 MG | Starchy: | NA cup |
| Dietary Fiber: | 2 GM 8% | VITAMIN B-6 | 0.02 MG | Beans/Peas: | NA cup |
| Sugars: | 3 GM | VITAMIN B-12 | 0 MCG | Other: | NA cup |
| Protein | 22 GM 44% | VITAMIN C, TOTAL | 6.04 MG | Notes: | |
| Vitamin A: 10% | Vitamin C: 10% | ASCORBIC ACID | | | |
| Calcium: 20% | Iron: 15% | FOLIC ACID | 74.81 MCG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Cheese Blind Pizza Spec Dcd Bulk, Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Ground Beef, Raw Italian Bulk Sausage 90/10, Deli Sliced Ham, Cooked Diced Bacon, Sliced Pepperoni, 18 per Ounce | | Minerals | | Actual % Calorie Distribution | |
| | | PHOSPHOROUS | 48.38 MG | <p> ▨ % calories of PRO = 23% ▨ % calories of CHO = 42% ▨ % calories of FAT = 35% </p> | |
| | | ZINC | 0.42 MG | | |
| | | MAGNESIUM | 12.47 MG | | |
| | | COPPER | 0 MG | | |
| | | IRON | 2.94 MG | | |
| | | CALCIUM | 204.04 MG | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Large Sicilian Pizza APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|------------------------|-------------------------------|--------|--|--|--|----------|------|------|-----------|-----------|-----|-----|---------|-----------|-----|-----|-------------|-----------|-------|-------|--------|-----------|--------|--------|--------------------|--|------|------|---------------|--|-----|-----|
| Serving Size: 1 Slice (114 grams) | | VITAMIN D(iu) 0 IU | | Child Nutrition Label: No | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Amount Per Serving: | | VITAMIN K 0 MCG | | Serving Size: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories 396 | Calories from Fat: 180 | VITAMIN A(iu) 243.00 IU | | Meat Quantity: NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value | | VITAMIN A(re) 0 MCG_ | | Bread Quantity: NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat: 20 GM | 31% | | | Fruit/Veg Quantity: NA | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat: 7 GM | 34% | Water Soluble Vitamins | | Updated for New Final Rule: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat: 0 GM | | THIAMIN 0.32 MG | | Meat/Meat Alt: NA oz eq | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Polyunsaturated Fat: 2 GM | | RIBOFLAVIN 0.20 MG | | Grain/Bread: NA oz eq | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Monounsaturated Fat: 4 GM | | NIACIN 2.64 MG | | Fruit: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol: 30 MG | 10% | VITAMIN B-6 0.02 MG | | Vegetable: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium: 870 MG | 36% | VITAMIN B-12 0 MCG | | Red/Orange: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium: 50 MG | 1% | VITAMIN C, TOTAL 1.61 MG | | Dark Green: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate: 38 GM | 13% | ASCORBIC ACID | | Starchy: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber: 1 GM | 6% | FOLIC ACID 74.81 MCG | | Beans/Peas: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugars: 2 GM | | | | Other: NA cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 16 GM | 33% | Minerals | | Notes: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A: 6% | Vitamin C: 4% | PHOSPHOROUS 48.38 MG | | <p>Actual % Calorie Distribution</p> <p> ■ % calories of PRO = 16% ■ % calories of CHO = 39% ■ % calories of FAT = 45% </p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium: 20% | Iron: 15% | ZINC 0.42 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Cheese Blind Pizza Spec Dcd Bulk, Jumbo/XI Pitted Kalamata Olives, Herb Infused Olive Oil APG (Pomace Olive Oil, Salt, Regular Grind Black Pepper, Fresh Peeled Garlic), Hard Salami, Feta Cheese, Mild Banana Pepper Rings, Extra-Large Fresh Tomato, Oregano Leaf | | MAGNESIUM 12.47 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | COPPER 0 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | IRON 2.38 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | CALCIUM 216.12 MG | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</p> <table border="1"> <thead> <tr> <th></th> <th>Calories</th> <th>2000</th> <th>2500</th> </tr> </thead> <tbody> <tr> <td>Total Fat</td> <td>Less Than</td> <td>65g</td> <td>81g</td> </tr> <tr> <td>Sat Fat</td> <td>Less Than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less Than</td> <td>300mg</td> <td>375mg</td> </tr> <tr> <td>Sodium</td> <td>Less Than</td> <td>2400mg</td> <td>3000mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>31g</td> </tr> </tbody> </table> | | | | | | | Calories | 2000 | 2500 | Total Fat | Less Than | 65g | 81g | Sat Fat | Less Than | 20g | 25g | Cholesterol | Less Than | 300mg | 375mg | Sodium | Less Than | 2400mg | 3000mg | Total Carbohydrate | | 300g | 375g | Dietary Fiber | | 25g | 31g |
| | Calories | 2000 | 2500 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat | Less Than | 65g | 81g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sat Fat | Less Than | 20g | 25g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol | Less Than | 300mg | 375mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium | Less Than | 2400mg | 3000mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate | | 300g | 375g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber | | 25g | 31g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories per gram | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fat 9 | | Carbohydrate 4 | | Protein 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |



Large Supreme APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | | |
|---|----------------|----------------------|-------------------------------|--|---------------------|----------|
| Serving Size: 1 Slice (143 grams) | | VITAMIN D(iu) | 3.99 IU | Child Nutrition Label: | No | |
| Amount Per Serving: | | VITAMIN K | 0.83 MCG | Serving Size: | | |
| Calories | 345 | Calories from Fat: | 109 | Meat Quantity: | NA | |
| % Daily Value | | VITAMIN A(iu) | 644.57 IU | Bread Quantity: | NA | |
| Total Fat: | 12 GM | 19% | VITAMIN A(re) | 7 MCG | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 5 GM | 26% | Water Soluble Vitamins | | | |
| Trans Fat: | 0 GM | | THIAMIN | 0.33 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | | RIBOFLAVIN | 0.22 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0.5 GM | | NIACIN | 2.89 MG | Fruit: | NA cup |
| Cholesterol: | 35 MG | 11% | VITAMIN B-6 | 0.05 MG | Vegetable: | |
| Sodium: | 700 MG | 29% | VITAMIN B-12 | 0.00 MCG | Red/Orange: | NA cup |
| Potassium: | 85 MG | 2% | VITAMIN C, TOTAL | 15.81 MG | Dark Green: | NA cup |
| Total Carbohydrate: | 41 GM | 14% | ASCORBIC ACID | | Starchy: | NA cup |
| Dietary Fiber: | 2 GM | 9% | FOLIC ACID | 74.81 MCG | Beans/Peas: | NA cup |
| Sugars: | 5 GM | | Minerals | | | |
| Protein | 18 GM | 37% | PHOSPHOROUS | 55.08 MG | Other: | NA cup |
| Vitamin A: 15% | Vitamin C: 25% | ZINC | 0.47 MG | Notes: | | |
| Calcium: 20% | Iron: 15% | MAGNESIUM | 14.06 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 21% ▨ % calories of CHO = 48% ▨ % calories of FAT = 31% </p> | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Cheese Blind Pizza Spec Dcd Bulk, Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Spanish Onions, Fresh Green Peppers, Raw Italian Bulk Sausage 90/10, Deli Sliced Ham, Fresh Sliced Mushrooms, Sliced Pepperoni, 18 per Ounce | | COPPER | 0.024 MG | | | |
| | | IRON | 2.91 MG | | | |
| | | CALCIUM | 207.50 MG | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | |
| | Calories | 2000 | 2500 | | | |
| Total Fat | Less Than | 65g | 81g | | | |
| Sat Fat | Less Than | 20g | 25g | | | |
| Cholesterol | Less Than | 300mg | 375mg | | | |
| Sodium | Less Than | 2400mg | 3000mg | | | |
| Total Carbohydrate | | 300g | 375g | | | |
| Dietary Fiber | | 25g | 31g | | | |
| Calories per gram | | | | | | |
| Fat | 9 | Carbohydrate | 4 | Protein | 4 | |



Large Tuscan Sun Pizza APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|-----------------------|--------------------------------|------------|--|----------|
| Serving Size: 1 Slice (131 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories 259 | Calories from Fat: 91 | VITAMIN A(iu) | 1060.36 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| Total Fat: | 10 GM 15% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 5 GM 25% | | | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | | | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | | | Fruit: | NA cup |
| Cholesterol: | 25 MG 8% | | | Vegetable: | |
| Sodium: | 590 MG 24% | | | Red/Orange: | NA cup |
| Potassium: | 40 MG 1% | Dark Green: | NA cup | | |
| Total Carbohydrate: | 28 GM 9% | VITAMIN B-6 | 0.01 MG | Starchy: | NA cup |
| Dietary Fiber: | 2 GM 10% | VITAMIN B-12 | 0 MCG | Beans/Peas: | NA cup |
| Sugars: | 4 GM | VITAMIN C, TOTAL ASCORBIC ACID | 7.08 MG | Other: | NA cup |
| Protein | 14 GM 28% | FOLIC ACID | 42.68 MCG | Notes: | |
| Vitamin A: 20% | Vitamin C: 10% | Minerals | | <p>Actual % Calorie Distribution</p> <p> % calories of PRO = 22% % calories of CHO = 43% % calories of FAT = 35% </p> | |
| Calcium: 25% | Iron: 15% | PHOSPHOROUS | 27.60 MG | | |
| Ingredients: Whole Wheat Dough (94) APG (Hi-gluten Flour, Spring Water, Whole Wheat Stone Flour, Salad Oil, Dough Mix Custom Aubrees Bulk R), Cheese Blend Pizza Spec Dcd Bulk, Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Qtrd Artichoke Heart Salad, Frozen Chopped Spinach, Feta Cheese, Sundried Tomatoes | | ZINC | 0.24 MG | | |
| | | MAGNESIUM | 7.11 MG | | |
| | | COPPER | 0 MG | | |
| | | IRON | 2.41 MG | | |
| | | CALCIUM | 227.59 MG | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Large Vegetarian APG - 10 Servings Per Pizza (Per Slice)

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|-----------|--|----------|
| Serving Size: 1 Slice (135 grams) | | VITAMIN D(iu) | 3.99 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0.84 MCG | Serving Size: | |
| Calories 329 | Calories from Fat: 100 | VITAMIN A(iu) | 833.76 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 7 MCG_ | Bread Quantity: | NA |
| Total Fat: | 11 GM 17% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 5 GM 26% | THIAMIN | 0.33 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.23 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 1.5 GM | NIACIN | 2.90 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 1 GM | VITAMIN B-6 | 0.06 MG | Fruit: | NA cup |
| Cholesterol: | 25 MG 8% | VITAMIN B-12 | 0.00 MCG | Vegetable: | |
| Sodium: | 590 MG 24% | VITAMIN C, TOTAL | 15.38 MG | Red/Orange: | NA cup |
| Potassium: | 120 MG 3% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 41 GM 14% | FOLIC ACID | 74.81 MCG | Starchy: | NA cup |
| Dietary Fiber: | 2 GM 10% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 4 GM | PHOSPHOROUS | 181.75 MG | Other: | NA cup |
| Protein | 14 GM 27% | ZINC | 0.48 MG | Notes: | |
| Vitamin A: 15% | Vitamin C: 25% | MAGNESIUM | 14.52 MG | <p>Actual % Calorie Distribution</p> <p> % calories of PRO = 17% % calories of CHO = 51% % calories of FAT = 31% </p> | |
| Calcium: 20% | Iron: 15% | COPPER | 0.025 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Shredded Mexican 4-Cheese Blend, Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Extra-Large Fresh Tomato, Fresh Green Peppers, Fresh Sliced Mushrooms, Sliced Ripe Olives, Jumbo Red Onion | | IRON | 2.69 MG | | |
| | | CALCIUM | 214.35 MG | | |
| | | | | | |
| | | | | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |



Old Detroitter APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | | | |
|--|----------------|----------------------|--------------------------------|------------------------|---|-------------|--------|
| Serving Size: 1 Each Burger Serving (442 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No | | |
| Amount Per Serving: | | VITAMIN K | 0.03 MCG | Serving Size: | | | |
| Calories | 1,170 | Calories from Fat: | 648 | Meat Quantity: | NA | | |
| % Daily Value | | VITAMIN A(iu) | 924.35 IU | Bread Quantity: | NA | | |
| Total Fat: | 72 GM | 111% | VITAMIN A(re) | 0 MCG_ | Fruit/Veg Quantity: | NA | |
| Saturated Fat: | 33 GM | 165% | Water Soluble Vitamins | | | | |
| Trans Fat: | 0 GM | | THIAMIN | 0.00 MG | Meat/Meat Alt: | NA oz eq | |
| Polyunsaturated Fat: | 0 GM | | RIBOFLAVIN | 0.00 MG | Grain/Bread: | NA oz eq | |
| Monounsaturated Fat: | 0 GM | | NIACIN | 0.01 MG | Fruit: | NA cup | |
| Cholesterol: | 230 MG | 77% | VITAMIN B-6 | 0.01 MG | Vegetable: | | |
| Sodium: | 2530 MG | 106% | VITAMIN B-12 | 0 MCG | Red/Orange: | NA cup | |
| Potassium: | 75 MG | 2% | VITAMIN C, TOTAL ASCORBIC ACID | 3.41 MG | Dark Green: | NA cup | |
| Total Carbohydrate: | 53 GM | 18% | FOLIC ACID | 0 MCG | Starchy: | NA cup | |
| Dietary Fiber: | 2 GM | 9% | Minerals | | | Beans/Peas: | NA cup |
| Sugars: | 3 GM | | PHOSPHOROUS | 1.91 MG | Other: | NA cup | |
| Protein | 68 GM | 136% | ZINC | 0.01 MG | Notes: | | |
| Vitamin A: 20% | | Vitamin C: 6% | MAGNESIUM | 0.71 MG | <p style="text-align: center;">Actual % Calorie Distribution</p> <p> % calories of PRO = 24% % calories of CHO = 19% % calories of FAT = 57% </p> | | |
| Calcium: 25% | | Iron: 30% | COPPER | 0.003 MG | | | |
| Ingredients: Ground Beef, Brioche Bun, Fresh Laid Out, Applewood Smkd Bacon, Pickle Kosh Whl, Swiss Cheese 0.75oz Slice, Bavarian/Blk Forest Ham w/Nat Juices, Extra-Large Fresh Tomato, Fresh Leaf Lettuce Bunches, Jumbo Red Onion | | IRON | 5.70 MG | | | | |
| | | CALCIUM | 266.02 MG | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | | |
| | Calories | 2000 | 2500 | | | | |
| Total Fat | Less Than | 65g | 81g | | | | |
| Sat Fat | Less Than | 20g | 25g | | | | |
| Cholesterol | Less Than | 300mg | 375mg | | | | |
| Sodium | Less Than | 2400mg | 3000mg | | | | |
| Total Carbohydrate | | 300g | 375g | | | | |
| Dietary Fiber | | 25g | 31g | | | | |
| Calories per gram | | | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | | | |



Pasta Gone Bayou APG - Not Including Sides

| Nutrition Information | | | Fat Soluble Vitamins | | School Equivalents | |
|---|-----------|------------------------|-------------------------------|------------|--|----------|
| Serving Size: Serving (1,121 grams) | | | VITAMIN D(iu) | 43.09 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | | VITAMIN K | 4.46 MCG | Serving Size: | |
| Calories | 1,949 | Calories from Fat: 944 | VITAMIN A(iu) | 3226.07 IU | Meat Quantity: | NA |
| % Daily Value | | | VITAMIN A(re) | 36 MCG_ | Bread Quantity: | NA |
| Total Fat: | 105 GM | 161% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 56 GM | 280% | THIAMIN | 0.11 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | | RIBOFLAVIN | 0.26 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 2 GM | | NIACIN | 2.50 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 9 GM | | VITAMIN B-6 | 0.27 MG | Fruit: | NA cup |
| Cholesterol: | 325 MG | 109% | VITAMIN B-12 | 0.02 MCG | Vegetable: | |
| Sodium: | 1480 MG | 62% | VITAMIN C, TOTAL | 53.65 MG | Red/Orange: | NA cup |
| Potassium: | 840 MG | 24% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 185 GM | 62% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | 11 GM | 44% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 18 GM | | PHOSPHOROUS | 73.67 MG | Other: | NA cup |
| Protein | 58 GM | 116% | ZINC | 0.45 MG | Notes: | |
| Vitamin A: 70% | | Vitamin C: 90% | MAGNESIUM | 16.01 MG | <p>Actual % Calorie Distribution</p> <p> ▨ % calories of PRO = 12% ▨ % calories of CHO = 39% ▨ % calories of FAT = 49% </p> | |
| Calcium: 35% | | Iron: 50% | COPPER | 0.238 MG | | |
| Ingredients: Penne Pasta, 36% Heavy Whipping Cream, Boneless Skinless Chicken Breast, Cajun Sausage, Fresh Green Peppers, Fresh Sliced Mushrooms, Cararmelized Onions APG (Spanish Onions, Cab Wine, Pomace Olive Oil, Salt, Ground Black Pepper), Extra-Large Fresh Tomato, Fancy Shredded Parmesan Cheese, Pomace Olive Oil, Fresh Peeled Garlic, Cajun Seasoning | | | IRON | 8.91 MG | | |
| | | | CALCIUM | 374.37 MG | | |
| | | | | | | |
| | | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | | |
| | Calories | | 2000 | | 2500 | |
| Total Fat | Less Than | | 65g | | 81g | |
| Sat Fat | Less Than | | 20g | | 25g | |
| Cholesterol | Less Than | | 300mg | | 375mg | |
| Sodium | Less Than | | 2400mg | | 3000mg | |
| Total Carbohydrate | | | 300g | | 375g | |
| Dietary Fiber | | | 25g | | 31g | |
| Calories per gram | | | | | | |
| Fat 9 | | Carbohydrate 4 | | | Protein 4 | |



Pizza Rolls APG - 4 Servings Per Appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|-----------|--|----------|
| Serving Size: 1 Serving (160 grams) | | VITAMIN D(iu) | 5.28 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories | 526 | VITAMIN A(iu) | 903.70 IU | Meat Quantity: | NA |
| | Calories from Fat: 241 | VITAMIN A(re) | 0 MCG | Bread Quantity: | NA |
| % Daily Value | | | | Fruit/Veg Quantity: | NA |
| Total Fat: | 27 GM 41% | Water Soluble Vitamins | | Updated for New Final Rule: | |
| Saturated Fat: | 8 GM 38% | THIAMIN | 0.43 MG | Meat/Meat Alt: | NA oz eq |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.29 MG | Grain/Bread: | NA oz eq |
| Polyunsaturated Fat: | 2 GM | NIACIN | 3.48 MG | Fruit: | NA cup |
| Monounsaturated Fat: | 0.5 GM | VITAMIN B-6 | 0.03 MG | Vegetable: | |
| Cholesterol: | 45 MG 14% | VITAMIN B-12 | 0.07 MCG | Red/Orange: | NA cup |
| Sodium: | 960 MG 40% | VITAMIN C, TOTAL | 10.20 MG | Dark Green: | NA cup |
| Potassium: | 90 MG 3% | ASCORBIC ACID | | Starchy: | NA cup |
| Total Carbohydrate: | 53 GM 18% | FOLIC ACID | 99.18 MCG | Beans/Peas: | NA cup |
| Dietary Fiber: | 3 GM 11% | Minerals | | Other: | NA cup |
| Sugars: | 5 GM | PHOSPHOROUS | 77.63 MG | Notes: | |
| Protein | 18 GM 37% | ZINC | 0.62 MG | | |
| Vitamin A: 20% | Vitamin C: 15% | MAGNESIUM | 17.94 MG | | |
| Calcium: 20% | Iron: 20% | COPPER | 0 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Ranch Dressing APG (Mayonnaise, Buttermilk 1% Gal, Ranch Dressing Mix), Cheese Blind Pizza Spec Dcd Bulk, Sliced Pepperoni, 18 per Ounce, Garlic Butter APG (Liquid Margarine, Chopped Garlic in Water, Salt) | | IRON | 3.56 MG | | |
| | | CALCIUM | 191.56 MG | | |
| | | | | Actual % Calorie Distribution | |
| | | | | | |
| | | | | <ul style="list-style-type: none"> % calories of PRO = 14% % calories of CHO = 40% % calories of FAT = 46% | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | Protein 4 | | | |

Spinach & Feta Rolls APG - 4 Servings Per Appetizer

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|---|----------------|--|------------|-----------------------------|----------|
| Serving Size: 1 Serving (187 grams) | | VITAMIN D(iu) | 5.28 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 0 MCG | Serving Size: | |
| Calories | 525 | VITAMIN A(iu) | 1649.95 IU | Meat Quantity: | NA |
| Calories from Fat: | 225 | VITAMIN A(re) | 0 MCG_ | Bread Quantity: | NA |
| % Daily Value | | | | Fruit/Veg Quantity: | NA |
| Total Fat: | 25 GM 39% | Water Soluble Vitamins | | Updated for New Final Rule: | |
| Saturated Fat: | 8 GM 39% | THIAMIN | 0.43 MG | Meat/Meat Alt: | NA oz eq |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.29 MG | Grain/Bread: | NA oz eq |
| Polyunsaturated Fat: | 2 GM | NIACIN | 3.48 MG | Fruit: | NA cup |
| Monounsaturated Fat: | 0.5 GM | VITAMIN B-6 | 0.03 MG | Vegetable: | |
| Cholesterol: | 40 MG 14% | VITAMIN B-12 | 0.07 MCG | Red/Orange: | NA cup |
| Sodium: | 1050 MG 44% | VITAMIN C, TOTAL ASCORBIC ACID | 10.50 MG | Dark Green: | NA cup |
| Potassium: | 90 MG 3% | FOLIC ACID | 99.18 MCG | Starchy: | NA cup |
| Total Carbohydrate: | 54 GM 18% | Minerals | | Beans/Peas: | NA cup |
| Dietary Fiber: | 3 GM 12% | PHOSPHOROUS | 77.63 MG | Other: | NA cup |
| Sugars: | 5 GM | ZINC | 0.62 MG | Notes: | |
| Protein | 20 GM 40% | MAGNESIUM | 17.94 MG | | |
| Vitamin A: 35% | Vitamin C: 20% | COPPER | 0 MG | | |
| Calcium: 25% | Iron: 20% | IRON | 3.62 MG | | |
| Ingredients: Pizza Dough Balls (7) APG (Hi-gluten Flour, Dough Mix Custom Aubrees Bulk R, Salad Oil), Pizza Sauce APG (Pizza Sauce With Basil, Sauce Pizza Mix Custom Aubrees Bulk R), Ranch Dressing APG (Mayonnaise, Buttermilk 1% Gal, Ranch Dressing Mix), Cheese Blind Pizza Spec Dcd Bulk, Frozen Chopped Spinach, Feta Cheese, Grated Parmesan Cheese, Garlic Butter APG (Liquid Margarine, Chopped Garlic in Water, Salt) | | CALCIUM | 256.75 MG | | |
| | | <p style="text-align: center;">Actual % Calorie Distribution</p> <p style="text-align: center;"> ■ % calories of PRO = 15% ■ % calories of CHO = 41% ■ % calories of FAT = 43% </p> | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat | 9 | Carbohydrate | 4 | Protein | 4 |



Turkey Burger APG - Not Including Sides

| Nutrition Information | | Fat Soluble Vitamins | | School Equivalents | |
|--|------------------------|-------------------------------|-----------|---|----------|
| Serving Size: 1 Burger Serving (299 grams) | | VITAMIN D(iu) | 0 IU | Child Nutrition Label: | No |
| Amount Per Serving: | | VITAMIN K | 12.33 MCG | Serving Size: | |
| Calories 492 | Calories from Fat: 171 | VITAMIN A(iu) | 724.96 IU | Meat Quantity: | NA |
| % Daily Value | | VITAMIN A(re) | 13 MCG_ | Bread Quantity: | NA |
| Total Fat: | 19 GM 29% | Water Soluble Vitamins | | Fruit/Veg Quantity: | NA |
| Saturated Fat: | 5 GM 27% | THIAMIN | 0.01 MG | Updated for New Final Rule: | |
| Trans Fat: | 0 GM | RIBOFLAVIN | 0.01 MG | Meat/Meat Alt: | NA oz eq |
| Polyunsaturated Fat: | 0 GM | NIACIN | 0.03 MG | Grain/Bread: | NA oz eq |
| Monounsaturated Fat: | 0 GM | VITAMIN B-6 | 0.02 MG | Fruit: | NA cup |
| Cholesterol: | 155 MG 51% | VITAMIN B-12 | 0 MCG | Vegetable: | |
| Sodium: | 950 MG 39% | VITAMIN C, TOTAL | 4.13 MG | Red/Orange: | NA cup |
| Potassium: | 180 MG 5% | ASCORBIC ACID | | Dark Green: | NA cup |
| Total Carbohydrate: | 44 GM 15% | FOLIC ACID | 0 MCG | Starchy: | NA cup |
| Dietary Fiber: | 1 GM 5% | Minerals | | Beans/Peas: | NA cup |
| Sugars: | 7 GM | PHOSPHOROUS | 3.97 MG | Other: | NA cup |
| Protein | 35 GM 70% | ZINC | 0.02 MG | Notes: | |
| Vitamin A: 15% | Vitamin C: 8% | MAGNESIUM | 1.63 MG | <p>Actual % Calorie Distribution</p> <p> % calories of PRO = 29% % calories of CHO = 36% % calories of FAT = 35% </p> | |
| Calcium: 8% | Iron: 30% | COPPER | 0.005 MG | | |
| Ingredients: Turkey Burger, 4" Brioche Bun, Pickle Kosh Whl, Extra-Large Fresh Tomato, Cleaned Leaf Lettuce, Jumbo Red Onion | | IRON | 5.46 MG | | |
| | | CALCIUM | 83.81 MG | | |
| | | | | | |
| | | | | | |
| | | | | | |
| * Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | | | |
| | Calories | 2000 | 2500 | | |
| Total Fat | Less Than | 65g | 81g | | |
| Sat Fat | Less Than | 20g | 25g | | |
| Cholesterol | Less Than | 300mg | 375mg | | |
| Sodium | Less Than | 2400mg | 3000mg | | |
| Total Carbohydrate | | 300g | 375g | | |
| Dietary Fiber | | 25g | 31g | | |
| Calories per gram | | | | | |
| Fat 9 | Carbohydrate 4 | | Protein 4 | | |